

escape > enjoy >

endulge

day spa and boutique

5572 Grand Avenue
Gurnee, Illinois 60031
847.599.5100

Monday - Friday: 10AM - 8PM

Saturday: 9AM - 6PM

Sunday: 10AM - 5PM

escape.enjoy@endulgeonline.com

endulgeonline.com

We believe everyone deserves to live luxuriously. That's why we created **endulge**, an island of tranquility designed to bring you all the luxuries you deserve in one elegant day spa and boutique.

Immerse yourself in head-to-toe beauty and relaxation to inspire your best life with experiences for mind and body that refresh, renew, revitalize.

Every one of our experiences is infused with a holistic approach to wellness that transcends any other spa. Our treatments are designed to transform and refresh inside and out with *sustainable serenity*—it's our commitment to you and the environment.

From the construction of our space to our carefully selected treatments, you'll find this holistic approach to wellness and *sustainable serenity* a perfect complement to the life lived well. It's better for you and the environment.

Extend your serenity and transformation with our extensive collection of beauty, bath and spa products as well as our eclectic fashions.

*You deserve every luxury in life. **endulge yourself now.***

escape > enjoy > endulge

Book your next appointment now.

There's always something going on at **endulge**. Find out more when you visit:

endulgeonline.com

or call **Guest Services:**
847.599.5100

indulgent > packages

Our signature packages make the most of the **indulge** experience. But if you can't decide, try combining your favorite experiences or even bringing a friend or two. Our guest services team will work with you to help you create a custom spa experience that fits your life.

Choose from any of our indulgent spa experiences or let us customize a package that takes you wherever you'd like to go on your journey into tranquility.

Every month we feature select therapies or special packages plus special events to **indulge** you. Sign up for our special eCommunications! Go to the Specials page on our website to stay in the know.

indulge > signature

sweet indulgence

sweet orange lemongrass facial (25-minutes) • classic manicure and pedicure

2 hours \$105

indulge me

ancient healing stones massage (50-minutes) • ohana gingergrass bamboo manicure and pedicure

2.5 hours \$200

indulge from head-to-toe

organic aromatherapy massage (50-minutes) • kinmoxei wild lime stone facial • babassu palm stones manicure and pedicure • spa cuisine

4 hours \$350

for the mom-to-be

belly cast keep sake • Mama Mio™ Mama's Touch™ free loader massage • free your mind body treatment • lighten up pedicure • spa cuisine

3 hours \$360

indulge the man

custom therapeutic massage of your choice (80-minutes)

• gentleman's facial • gentleman nail therapies • spa cuisine

3 hours \$270

indulge > moment

express spa services when you are on the go

Mini-services completed in 45 minutes or less:

Massage Therapies

Facial Therapies

Hand and Foot Treatments

indulge > getaway

indulgent spa packages for everyone

Get away from the everyday with a spa package custom-designed for your life:

Half-Day - at least three hours of therapies combined your way.
Includes spa cuisine.

Full-Day - **indulge** yourself with us all day and emerge a new you.
Includes spa cuisine.

indulge > together

indulgent spa packages for special moments

Enjoy life's luxuries with those who mean the most to you—what better way to spend birthdays, anniversaries and other special occasions?

Couples - make time to **indulge** yourself and your mate to refresh, renew and revitalize

Groups - contact Guest Services to see how we can **indulge** your special group

emerge > restored

endulgent massage and body therapies

Immerse your body in peace and serenity as the world falls away, revealing a refreshed, rejuvenated you.

essentially > complimentary: You can begin any in-room service with a foot soak scented with your preferred essential oil. Your session concludes with a customized blend of organic tea just for you! Ask your service provider about the use of our steam room.

Organic and All-Natural Massage and Body Therapies

endulge signature therapies

> jasmine rose rhassoul massage

Deeply detoxifying. Inspiring sensual relaxation. Retreat into a ritual of steam, heat and pure scent for an intense therapeutic transformation based on the skin care practices of the hammam bathhouse. In this six-step massage ritual, you'll be intensely cleansed with Moroccan mint tea and silt...vigorously scrubbed with coffee, olive stones and fresh lemons...hydrated with cooling, aromatic mists...and warmed up with the velvety smooth rich rhassoul clay that draws deep impurities out of the body. Then recharge with quince and orange blossoms. Seal in warmth with a Turkish massage using the curative essences of cardamom, jasmine, amber and bergamot. Let the experience continue with bath salts for you to enjoy at home.

> cherry silk blossom massage

Nourish and soften your skin using a nutritive blend of rice bran, cherry blossom and wild cherry bark extract to bring back healthy minerals. Rice bran is used for its high Vitamin E content, intensely softening fatty acids with its natural anti-oxidizing properties. Its softening effects are enhanced with cherry blossom to hydrate and tone. Wild cherry bark calms and soothes with silk extract to renew the skin.

Choose either therapy: 80-minutes \$175

touch therapy - basic massage

Custom massages designed to help release tension and bring clarity – simple but effective, using the most traditional techniques to soothe your body. Choose from a relaxing or soothing touch to an energetic therapeutic touch. With a service this brief, we'll skip the foot soak and get straight to work, but you are welcome to enjoy our tea service and steam room afterwards.

25-minutes \$45

custom therapeutic massage

Custom designed therapies begin with our mind and body assessment to tailor a massage that will address your unique needs. A wide variety of massage techniques include: Swedish, Deep Tissue, Myofascial Release, Trigger Point, Neuromuscular, Thai, Aromatherapy, Heated Stones, Reflexology and CranioSacral, Manual Lymphatic Drainage.

	relaxing to light touch	medium to deep touch
50-minutes	\$85	\$100
80-minutes	\$115	\$135

Turn your massage into a total healing experience! Add one of our unique **TherapEase** treatments to complement your custom massage. Specially blended therapy oils ease symptoms from colds and allergies to back pain and digestive balance. You will even be able to take it home with you. When you make your appointment, let Guest Services know what ails you and we'll create a **TherapEase** for you! \$25

ancient healing stones massage

Warm basalt stones of varying sizes penetrate muscles and balance the nervous system. The direct heat relieves sore muscles and joints, and produces a soothing and meditative state of peace, calm and balance.

50-minutes \$110
80-minutes \$150

organic aromatherapy massage

Using your choice of our custom therapeutic massage therapies, we add the specific essential oil of your choice to enhance the therapeutic and aromatic experience. Hot towels and a steam canopy are also included to help the essential oil properties be absorbed into the skin and olfactory system more effectively. It's deliciously warm and relaxing!

50-minutes \$110
80-minutes \$150

babassu sugar rub body therapy

This body therapy is a unique and gentle exfoliation that conditions and leaves skin smooth and supple. Babassu Sugar Rub is 100% organic, made from certified organic Babassu oil and Turbinado sugar, a rich treatment infused with penetrating moisturizers for the skin you want to live in. A moisturizing massage is also included; enhance your treatment with the use of our steam room.

50-minutes \$95

tuscan wine body therapy

A body therapy that's decidedly sophisticated, alluringly sensual, amazingly natural, it's "Vinotherapy" in its most potent form. Enriched with red wine powder, red grape seed extract, crushed grape seeds and pure grape seed oil, this therapy takes its cue from the rolling hills of Tuscany, incorporating golden olive oil, Mediterranean honey and real blackberry fibers. Resveratrol, a potent antioxidant found in high concentrations in grape seeds, stems and skins, is easily absorbed by the skin, working its magic to reduce inflammation and slow the oxidation process that often causes the skin to age prematurely. Grapes are also ripe with polyphenols, another potent antioxidant that fortifies the skin.

50-minutes \$95

warm chocolate raspberry body cocoon

Catering to every chocoholic's ultimate fantasy, this delicious therapy doesn't just smell like chocolate, it is chocolate. Created with golden cocoa butter, organic cocoa powder, real Dagoba chocolate, raspberry extracts and French cocoa, it's a decadent way to moisturize and cleanse your skin. Your senses will be enlivened and your soul lifted.

50-minutes \$95

exude > radiance

endulgent facial therapies

Organic and All-Natural Facial Therapies

Our facials consist of a therapeutic process that includes an in-depth skin consultation, cleansing, mask, removing dead skin cells, massage of the neck, décolleté, scalp and facial muscles, extractions, high frequency, organic essential oil foot soak and vitamin hand treatment. Not sure what's right for you? After your consultation, your aesthetician can recommend a facial that is best suited to your skin type.

We strongly recommend using any of the following facials in a series of five sessions (once every three-four weeks) to receive maximum benefits—and you'll receive a savings of 10% on all facial series purchases.

endulge signature > kinmoxei wild lime stone facial

The combination of heated basalt facial stones and kinmoxei wild lime silk oil softens and scents skin with a combination of rich, natural oils. Kinmoxei flowers and wild lime unite with mimosa and vetiver to stimulate the skin into warmth and engender a radiant glow. Quick to absorb but with a lasting scent, this oil moisturizes with rice bran, silk extract and monoi oil.

80-minutes \$165

sweet orange & lemongrass

A heady blend of exotic fruit, tree, and herb extracts combine with antioxidative vitamins to nourish, resurface, soothe, polish and hydrate the skin while calming the nerves and senses. A delightful, uplifting aromatherapeutic, deep pore cleansing treatment suitable for all skin types. A great facial for tweens and teens.

25-minutes (MINI) \$45

50-minutes \$85

bergamot fruit oil purifier

Fortified with botanical, detoxifying, antibacterial and healing agents, as well as soothing and hydrating bioactive components, this facial is ideal for acne, blemished and oily skin, and for those exposed to environmental pollutants.

50-minutes \$85

gingko biloba hydrator

This triple-action treatment simultaneously stimulates cellular regeneration, protects against free radicals, and intensely hydrates to restore youthful suppleness and radiance to mature and very dry skin.

50-minutes \$125

phyto youth

Utilizing Bio-Peptides to change the neural memory of the skin helps to diminish the appearance of fine lines and wrinkles dramatically. Phyto-placenta serum stimulates cellular turnover, improves moisture level and oxygen supply.

80-minutes \$135

silver alpha

This facial combines the high-powered anti-oxidant benefits of Alpha Lipoic Acid, Vitamins A, C and E for excellent age fighting results. This unique Silver Ion Mask from Epicuren® is placed over the anti-oxidants for maximum absorption and facial renewal.

80-minutes \$155

instant lift

Often described as a non-surgical facelift, this treatment works wonders on all skin types by improving the skin's clarity, elasticity, texture and overall health. This facial also encourages detoxification and helps to speed cell metabolism.

80-minutes \$165

back smoother

A facial for your back. This purifying smoothing back treatment incorporates a deep-cleansing exfoliation, extractions and finishes with an aromatic infused moisturizer for this sometimes overlooked area of your body.

80-minutes \$140

exude > radiance

indulgent HydraFacial™ therapies

HydraFacial™ Therapies

endulge features the HydraFacial™, a new state-of-the-art skin resurfacing technology that is not only “green” but is 10-times more effective than microdermabrasion. Treat your skin to the cooling, soothing, deep pore cleansing, painless extracting and exfoliation only **Hydradermabrasion™** can offer. While refining and resurfacing, active performance serums bathe your face in hydration liquids that leave skin soft, pampered and radiant.

hydrfacial lunchtime express

Includes either Cleanse, Peel, Mask and Sunscreen

OR

Crystal Free Hydroderm with Mask and Sunscreen

30-minutes \$110

hydrfacial basic

This treatment will leave your skin incredibly clean and smooth. It deeply cleanses, exfoliates, extracts and hydrates your skin simultaneously. Excellent for any age, skin type, ethnicity or condition.

Single Treatment \$125

Series of Six \$675

hydrfacial - rejuvenator

A refreshing facial that reduces the appearance of fine lines and sun-damaged skin caused by dryness and dead skin cells. Following a pre-cleanse, diamond-tip dry abrasion is used on areas requiring deeper exfoliation. Then the **HydraFacial** deeply cleanses, exfoliates, hydrates and extracts (with an extended extraction service when necessary), followed by a specialty mask to finish the treatment. The result is bright, luminous skin.

Single Treatment \$205

Series of Six \$1,107

Hydrfacial Supplements

nourishing vitamin mask

Single Treatment \$20

calming/hydrating mask

Single Treatment \$20

glysal acid peel

Single Treatment \$40

crystal-free hydroderm

A dry microdermabrasion treatment that uses diamond-embedded tips rather than crystals to exfoliate for a smooth, non-gritty facial resurfacing. Overall skin tone is improved, superficial signs of aging are visibly reduced, and the appearance of oily skin is improved. If desired, the skin is prepared for additional exfoliation and extractions with the **HydraFacial**. Finish with a soothing antioxidant hydration treatment, which leaves your skin soft and supple.

Single Treatment \$120

Series of Six \$648

Target Specific Areas:

cellulite lymphatic treatment

Single Treatment \$65 & up

lymphatic sinus drainage

Reduces eye puffiness

Single treatment \$25

lymphatic facial massage treatment

Reduces overall water retention in the face

Single Treatment \$60

anti-aging hand therapy

Single Treatment \$25

décolleté & neck

Single Treatment \$35

exude > radiance

indulgent waxing and makeup services

Waxing Services

Full-body and facial waxing features all-natural wax. Hair growth patterns vary, so tell us your removal concerns.

starting from:	
Eye Brow Shaping	\$25
Lash and Brow Tint	\$18 each
Brow Clean-up	\$18
Lip or Chin	\$15
Full Face	\$50
Half Arm	\$20
Full Arm	\$40
Under Arm	\$25
Half Back	\$35
Full Back	\$60
Lower Legs	\$40
Upper Legs	\$50
Full Leg	\$70
Bikini	\$40
French Bikini	\$60
Upper Leg & Bikini	\$60
Upper Leg & French Bikini	\$80
Full Legs & Bikini	\$75
Full Legs & French Bikini	\$80
Brazilian	\$75
Full Body/women	\$115
Torso/men	\$120

Save 10% when you pre-purchase a series of three or more.

Makeup Application

For a special occasion or learning to look your best, our expert makeup artists bring out your radiant best.

looking for a change?

Learn how you can enhance your natural beauty with a professional cosmetic lesson. Our skilled makeup artists will teach you the proper application techniques in a personalized, step-by-step session. A take-home color illustration will give you the confidence to achieve the same look at home.

50-minutes \$65

just for the night

Have a special occasion or just want to look fabulous...just because? **indulge** in a complete look that includes consultation and full makeup application.

Per Person \$40

for the tweeners & teens

A wonderful way to celebrate birthdays, proms, sweet 16 parties or any special occasion. Our service introduces teenagers to a natural cosmetic application. Come join us for your first professional makeup application. (16 and under please)

Per Person \$30

eyelash application

Get long, sexy lashes with expert application for a more dramatic look.

Per Person \$15

going to the chapel...

Your wedding day is one of the most important days of your life. Leave the beauty planning to our team of experts and look picture perfect for each memorable moment.

Bride \$75 (includes complimentary pre-wedding trial session)

Mother of the Bride or

Bridesmaid \$50 (includes complimentary eyelash application)

Flower Girl \$15

We offer complete bridal service packages for the bride and her wedding party. Our services include a consultation for the bride to determine the right cosmetic colors and application. Our Guest Services team will work closely with you to arrange dates and times of services. We can even arrange delivery of catered food and beverages to the spa on the day of the wedding, if desired. On-site services are also available - for pricing information, please inquire with a Guest Service Associate.

exude > radiance

indulgent hand and foot therapies

Hand and Foot Therapies

Let your inner glow out for the world to see with delightfully decadent treatments for your face, hands and feet. Because the eyes are not the only window to the soul.

Our nail care line is DBP (dibutyl phthalate) free – a carcinogen present in most nail polish. All of our nail therapies are natural and results oriented.

essentially > complimentary:

Full service hand therapies may include: half-arm and hand massageneck warmer; organic tea; file, shape and buff; cuticle treatment; and expert polish application.

Full service foot therapies may include: half-leg & foot massage, jetted tub soak; herbal tea; nail file, shape and buff; callous refiner; cuticle treatment; and expert polish application.

indulge signature > ohana gingergrass bamboo

Our ohana gingergrass bamboo treatment gently scrubs away dry, chapped skin to stimulate blood flow, energize and firm—while combining the deeply exfoliating and stimulating benefits of crushed bamboo, ginger and lime—to smooth and contour the skin to a healthy glow.

Hands \$45 | Feet \$65

indulge classic nail therapies

A basic manicure to clean the cuticles, moisturize the hands, reshape and polish the nails.

Hands \$25 | Feet \$45

babassu palm stones

This decadent therapy combines warm river stones with one of nature's most soothing emollients found deep within the Amazon – the Babassu nut oil. Products used throughout your hand or foot therapy is made from 100% organic ingredients such as: turbinado sugar that deeply exfoliates; essential oils of rose, geranium, mandarin and sage that enliven the senses; and of course the babassu nut oil which is a super rich moisturizer. Skin will be left incredibly smooth, blood circulation will be increased and muscles will be deeply relaxed.

Hands \$40 | Feet \$60

tuscan wine therapy

This hand and foot therapy parallels the body therapy version. Enriched with red wine powder, red grape seed extract, crushed grape seeds and pure grape seed oil, we incorporate cues from the rolling hills of Tuscany of golden olive oil, Mediterranean honey and real blackberry fibers. Resveratrol, a potent antioxidant found in high concentrations in grape seeds, stems and skins is easily absorbed by the skin, working its magic to reduce inflammation and slow the oxidation process that often causes the skin to age prematurely

Hands \$45 | Feet \$65

peruvian chocolate bliss

What better way to renew your senses and release your worries than to have your hands or feet dipped in chocolate? The lactic acid and vitamins in coconut milk combine with pure cocoa powder to create a 100% natural masque. Proudly created with Dagoba organic chocolate. Designed to restore skin's suppleness while saturating the tissue with natural antioxidants.

Hands \$45 | Feet \$65

lemon coffee blossom

Our lemon coffee blossom vigorously stimulates the blood and lymph circulation and deeply exfoliates with the texture of crushed olive stones, sugar, coffee and lemon peel. Tangerine fig deeply moisturizes and illuminates. Skin tone will be more even and fragrant.

Hands \$45 | Feet \$65

mini renewal

Need a quick fix? Express nail service includes filing, buffing with cutical oil and polish change. Or, enjoy a mini renewal as a fast finishing touch with your facial treatment. Ask Guest Services for details.

Hands \$18 | Feet \$33

lil bella (for guests under age 16)

Treat your little princess to a special manicure or pedicure especially designed for them!

Hands \$15 | Feet \$30

Take your experience even further with:

french polish Hands \$6 | Feet \$6

AHA callus eliminator | \$10

artificial nail remover and conditioning manicure | \$50

>>expecting? indulge in our lighten up! pedicure from Mama Mio.TM

enjoy > new life

endulgent pregnancy featuring experiences from Mama Mio™

Creating new life demands so much of your energy. Recharge your mind and body with relaxing experiences tailored exclusively for expectant mothers.

essentially > complimentary: *Begin any in-room service with a foot soak scented with your preferred essential oil. Your session concludes with a customized blend of organic tea just for you!*

endulge signature experience > belly cast keepsake

A pregnancy belly cast, sometimes called a belly mask or belly mold, is a plaster cast made of an expecting mom's beautiful pregnant form. Pregnancy is a very special, yet fleeting, time in a woman's life and memories quickly fade. Photos only capture a flat 2-dimensional image, but a pregnancy belly cast captures the exciting transformation a mom undergoes during pregnancy in a full 3 dimensions! A belly cast is usually made 4-6 weeks before a mom's due date, but you could also make multiple belly casts to capture the miraculous changes in mom's body throughout her pregnancy. The casting material is made from 100% natural materials and is non-toxic and safe to use on mom's skin. Each casting session also includes a relaxing maternity massage.

80-minutes \$145
Series of three \$392 (one for each trimester)

maternity massage

A complete body massage, using specific pre-natal techniques to help increase circulation, alleviate tired muscles and reduce water retention. A wonderful treatment that gives mama a chance to truly relax and a few moments to dream of baby.

50-minutes \$95

lighten up!

A warm, fragrant mineral salt-rich Mama Mio™ Foot Soak to energize, reduce swelling and stimulate circulation. Includes a gentle hand, lower leg and foot massage. Includes a lavish pedicure to finish off this decadent retreat. Plus, receive a special gift or mom and baby.

65-minutes \$95

the smoothie

Rejuvenate your skin and clear your mind in preparation for your pending arrival. Mama Mio Smoothie will exfoliate your skin oh so gently (but effectively) followed by the most moisturizing massage to hydrate and elasticize your skin. A luxurious scalp massage will sweep away your stress, leaving you with skin to rival your baby's bottom.

80-minutes \$155

free loader

A wonderful back and upper body massage specifically designed to release tensions and muscle fatigue. This treatment focuses on the muscles that are responsible for supporting the pregnant tummy.

25-minutes \$50

free your mind

A treatment designed to ease you of the stresses associated with pregnancy. A cooling Mama Mio Eye Compress combined with pulse-point Gravidia therapy initiates the relaxation. A gentle face and head massage will release cranial and jaw tension followed by a deep neck and shoulder massage.

50-minutes \$95

the yummy tummy

This treatment begins with an application of Gravidia Pulse Point Oil and gentle skin brushing to increase circulation, gently exfoliate and improve the tonicity of the skin. A concentrated serum and deep treatment mask will be applied to soothe and moisturize the abdomen. Enjoy a relaxing lower leg and foot massage as the Intensive Tummy Stretch-ease Serum and mask take effect.

50-minutes \$95

4th trimester healing hour

Up to four months after delivery, your body still behaves as though it is pregnant. The 4th Trimester Healing Hour is a relaxing head to toe massage to help realign and restore your body as it naturally adapts and returns to being one person again. This is your healing hour - and you've earned it. A perfect present from your loved ones or even from yourself.

50-minutes \$95

>> Many of our regular spa services can accommodate expecting mothers with modification. Inquire with Guest Services for details.

extend > confidence

indulgent services for men

Boys will be boys, but men will be indulged. Designed exclusively for men, these spa treatments inspire confidence, relaxation and rejuvenation. Consult our Guest Services team to see how any other therapy we offer can be tailored specifically for men.

gentleman's facial

Featuring a time-released moisture delivery as well as powerful antioxidant, this nearly weightless emulsion deeply penetrates and encourages cellular repair for all skin types as well as addresses issues of ingrown hairs, razor irritation, and overactive oil glands.

50-minutes \$85

heated golf ball massage

Stretching techniques complemented by kneading of tight muscles with warmed golf balls alleviates tension and stiffness to keep golfers at the peak of their game. Please wear loose-fitting clothing for this massage.

50-minutes \$110
80-minutes \$150

environmental back detox

This purifying, smoothing back treatment incorporates deep-cleansing exfoliation, extractions and finishes with an aromatic infused moisturizer.

50-minutes \$155

indulge gentleman's nail therapies

Following a soak to soften and reduce unwanted calluses, you are massaged with a soothing lotion to relieve tension and heal dry, cracked hands. Nails are shaped, cuticles are pushed, and hands and arms are massaged. To finish, the nails are buffed for a natural, healthy look.

Hands \$22 | Feet \$45

a special welcome to you, our guest.

reservations

We recommend booking your appointments prior to your arrival by calling Guest Services at **847.599.5100**. Reservations are subject to availability and must be guaranteed with a credit card.

It is our service standard to cater to every guest's needs and desires as much as possible. If you have any special requests, please let our Guest Services team know when booking your appointment.

can't make it? running late?

Cancellations must be made 24 hours prior to the appointment time. Missing an appointment, cancelling or rescheduling an appointment within 24 hours will result in a fee assessed at the full value of the missed appointment and your credit card will be charged. When you reserve an appointment with us, we reserve a technician's time and make that time slot exclusively yours. If you arrive late to your appointment you can either have your service in the time remaining or reschedule. If you choose to have your service in the time remaining, you will be charged the full service fee. If you choose to reschedule, you will be charged 50% of the original reserved service fee.

come on in!

We suggest arriving 20 minutes prior to your appointment to allow ample time to check in, change, shower and enjoy our steam room and relaxation lounge. All guests participating in spa services must complete a consultation form.

ssshhhhh...

For the sanctity of our spa environment, we ask that you please leave your cell phones and electronic devices off and use a soft voice.

wondering what to wear?

We suggest that you wear comfortable clothing and do not bring your jewelry or valuables to the spa. A spa robe and slippers will be provided for your treatment. You may prefer to disrobe fully for your treatment, as our therapists are professionally trained in proper draping techniques to ensure your privacy and comfort. **indulge day spa and boutique** is not responsible for any lost or stolen articles.

male or female?

When making your reservations, please state any preferences you may have for male or female therapists. We will do our best to accommodate your request depending on availability. Please let your therapist know if you have any physical or mental conditions they should be aware of for your well-being.

for the mama-to-be...

We have taken great strides in designing our spa offerings for pregnancy. Our products and protocols are both safe and effective. However, if you elect to partake in services outside of our maternity offerings, we suggest avoiding treatments using heat and deep pressure. The expectant mother can receive the majority of our services with minor changes to the treatment. Please inform us so that the appropriate modifications can be made.

how young are you?

Guests must be 18 years of age to receive our spa services unless otherwise noted in our spa menu. We do offer special services and events for teens and children (age 4-12); children must be accompanied by an adult at all times.

forms of payment

We accept Debit Cards and Credit Cards (VISA, MasterCard, Discover and American Express) and Travelers Checks. Personal checks are not accepted.

what about gratuities?

Tipping is up to the discretion of each guest. The industry average is 15%-20% of the service total prior to discounts or incentive offers. For your convenience you can leave a gratuity on your credit card if so desired. Our team of Service Providers greatly appreciates your generosity. An automatic gratuity of 18% will be assessed for parties of four or more.

refunds and exchanges

Refunds are only given in the form of store credit. Unfortunately, we cannot accept product returns that have been more than half used, otherwise we will be glad to issue you a store credit. Clothing and accessory items may be returned for a store credit within 14 days of purchase with a receipt.

gift cards

Gift cards cannot be exchanged for cash, nor will cash be given in exchange for unused balances on a gift card. Gift cards are non-refundable, but they are transferable.

*we can't wait to **indulge** you!*

indulge

day spa and boutique