

## encounter > rejuvenation

### indulgent massage therapies

#### organic and all-natural massage therapies

Immerse your body in peace and serenity as the world falls away, revealing a refreshed, rejuvenated you.

#### essentially > complimentary

You can begin any in-room service with a foot soak scented with your preferred essential oil.



#### touch therapy - basic massage

Custom massages designed to help release tension and bring clarity – simple but effective, using the most traditional techniques to soothe your body. Choose from a relaxing Swedish massage to a healing deep touch massage.

	Swedish massage	Deep touch massage
50-minutes	\$85	\$100
80-minutes	\$115	\$135
110-minutes	\$145	\$170

Add one of our unique *TherapEase* treatments to complement your massage. Specially blended oils ease symptoms from colds to back pain. You can even take it home with you. \$25

#### ancient healing stones massage

Warm basalt stones penetrate muscles and balance the nervous system resulting in peace, calm and balance.

50-minutes	\$110
80-minutes	\$150
110-minutes	\$190

#### organic aromatherapy massage

Using your choice of our custom therapeutic massage therapies, we add your choice of essential oils to enhance the therapeutic and aromatic experience.

50-minutes	\$110
80-minutes	\$150
110-minutes	\$190

#### tui na (chinese medical massage)

Specialized hand techniques and acupressure are used to relax the muscles and treat health concerns such as fibromyalgia, acute and chronic pain, stress, and insomnia. External herbal poultices and liniments enhance the therapy.

50-minutes	\$110
80-minutes	\$150
110-minutes	\$190

#### Looking for a massage service not listed?

*Indulge therapists are experienced in a wide range of modalities. Let Guest Services know your requirements, and we will pair your needs with our expert therapists.*

#### reflexology

Gentle compression to the feet and strategic pressure points promotes relaxation, improves circulation, reduces pain, and encourages overall healing. 25-minutes \$40

#### ear candling

single treatment \$35  
with head, neck, shoulders and face massage \$90

#### couples massage classes

A great option for date night. A private one-on-one instruction that is designed to teach basic yet effective massage techniques that will help your partner relax and ease muscle tension. Class format includes 40 minutes of demonstration followed by 40 minutes of supervised hands on practice per person. 80-minutes \$150



# MASSAGE